

FALL

“Cain and Abel”

Series Objective: Students will learn:

- The Story of the First Sin
- The Story of Cain and Abel
- The Story of Noah
- The Story of the Tower of Babel

Series Theme Verse: “God is love.” 1 John 4:16

Lesson Objective: Students will understand the story of Cain and Abel.

Lesson Passage: Genesis 4:3-12

Materials Needed: Several pieces of cooked bacon, nice plums and some prunes.

Lesson Plan:

The Story:

Talking Points:

- Before you tell the story, ask the children if we should do our best for God?
- Ask students if God wants them to help their parents all the time, or only some of the time?
- Ask students if God wants them to be nice to others all the time or just some of the time?
- In the story we are reading today, we find two brothers, one who did his best to make God happy and one who did not do his best to make God happy.
- Read the story of Cain and Abel from the Lesson Passages, then paraphrase the story on the level of the children’s understanding.
- After telling the story, use the following questions to reinforce the story with the children.
- What are the names of the two brothers? (Cain and Abel)
- Which son made God happy by doing his best for God? (Abel)
- Which son did bad and made God mad? (Cain)
- Why was Abel considered good? (He did what God said and gave God his best)
- Why was Cain not considered good? (He did not offer his best fruit)
- Cain was so mad that he killed his brother Abel. Is that a good thing to do? Should you ever get mad and hurt somebody? (No)
- Did God punish Cain? (Yes, he would not be able to grow good food anymore)
- Why do you think Cain did not do his best for God? (He cared more about himself than God, He was selfish)

- Do we ever think about only ourselves? Have you ever fought over the last cookie or a toy with your brothers and sisters?
- Why did Abel do his best for God? (He loved God)
- What can we do to make God happy? (Various answers are possible, but help children see we should always try to live in such a way that we make God happy: do our best for our parents, at school, etc.)
- Ask the children what would have been a better choice for Cain? (Do his best for God, not hurt Abel because he was angry, etc.)
- Remind students that even though Cain did bad, God still loved him, but Cain would still be punished. Sometimes our parents punish us to help us to learn how to act right. They punish us, but they still love us.

The Story Retold:

- Explain to children that one way to worship is to give up something to God. In Cain and Abel's time, they would give up their best animals or their best food they grew.
- Give each student some bacon to eat and explain that Abel gave up some of his best meat, just like the bacon they are eating. Abel pleased God by giving the best he had to God.
- Now show kids the plate of plums and prunes. Explain them that prunes are old shriveled up plums.
- Ask which looks better? If someone were giving them something, would they rather have the plums or the old, shriveled up prunes?
- Just like we would want the plums, God wanted Cain to give his best to God, but Cain gave God something more like prunes, so God was not happy.
- We do not give up meat and fruit to God like Cain and Abel, but we do other things to make God happy.
- Ask students how they can worship God and give their best to make God happy? (They can sing to God, they can pray to God, they can be nice to their siblings, they can help their teacher)

The Story and Me:

- Have Series Theme Verse printed on a poster board cut into several pieces.
- Hide the different pieces in the room.
- Let the students find the pieces of the Series Theme Verse and piece together the puzzle.
- Once they put their pieces together, have them say the verse together.
- Remind students that God loved Cain, even though Cain did not do what was right.
- Remind students that the verse helps us understand that, just like God loved Cain and Abel, God loves us.
- Look at each student and say, “(Child's Name), God is love and God loves you.”