

KINGDOM

“Psalms 3-5”

Series Objective:

Students will learn:

- How David became King of Israel and Jerusalem became the capitol.
- The relationship between David and Absalom.
- The Psalms that David wrote during the difficult relationship with Absalom.

Series Theme Verse: “In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety.” – Psalm 4:8

Lesson Objective: For students to understand that Psalms are one way we can speak truthfully to God, and David did just that in Psalms 3-5.

Lesson Passage: Psalms 3-5

Materials Needed: Bibles, Copy of Psalm Remix, Paper for groups to answer Psalm Questions, Series Theme Verse on notecards by word

Lesson Plan:

The Story Retold:

- Use the Psalm Remix at the end of the lesson to open up class with.
- Allow students to give you answers to fill in each blank, then read the Psalm to them that they have created.
- After reading the Psalm Remix to the students, read Psalm 1 to them correctly.
- Explain to students that Psalms are written by **real** people sharing their very **real** emotions.
- When we work through Psalms 3-5 today, we see the emotions of David as he is dealing with his son Absalom trying to steal the throne from him, the people turning to Absalom, and David fearing for his life.

Talking Points: Psalms 3-5

- Break into three groups.
- Give each group one of the three Psalms.
- Have them read the Psalms and answer the following questions:
 - Who wrote the Psalm?
 - Is the Psalm writer speaking to someone? If so, who?
 - What emotions do you hear as you read the Psalm?
 - How does the Psalm relate to David’s current situation with his son Absalom and the people of Israel turning against him?
 - What words stick out to you as the most powerful and emotional?
 - Summarize the Psalm in your own words in two sentences...no more, no less.

- Let each group share their answers to the questions for their Psalm with the class.
- Help students connect the emotion of the Psalms with real life struggles that David is going through. Help them to see that this can be a great way for us as Christians to respond to God. We are able to write prayers to God, or journal and share our emotions and feelings with God.

The Story and Me:

- Have the Series theme verse written by words on notecards.
- Give students the notecards (or hide them and let them find them) and have them put the verse together using the cards.
- Explain to students that our Series Theme Verse is part of the Psalms we studied today. Psalms are one way that people worshiped and spoke with God. David wrote many of the Psalms, but he is not the only one who wrote Psalms. We can do the same thing by writing down our prayers or writing songs to God.
- Have the students say the verse several times, helping them learn the verse

Psalm Remix

(From Psalm 1)

Blessed is the _____ who does not walk in _____ with
(Noun) (Noun)

the wicked or _____ in the way that sinners take or sit in the
(Verb)

_____ of mockers, but whose delight is in the law of the LORD,
(Piece of Furniture)

and who meditates on his law _____ and _____.
(Season) (Weekday)

That person is like a _____ planted by streams of _____,
(Plant) (Beverage)

which yields its fruit in season and whose leaf does not wither—whatever
they do _____.
(Action)

Not so the _____! They are like _____ that the wind blows
(Adjective) (Crop)

away. Therefore the _____ will not stand in the judgment, nor
(Adjective)

sinners in the assembly of the righteous.