



## The Elements of Communion

### Connect:

If you could change one thing about your families Thanksgiving meal, what would you change?

### Engage:

Read Genesis 14.18-20

**What is your prayer?** The Thanksgiving holiday is a particularly reflective holiday. Some families share what they are thankful for before they start their dinner. Since Thanksgiving is often a family affair there will be a time when someone is no longer there and the family dynamic around the table will change. Reflect this Thanksgiving on the prayer of your heart. Clarify the prayer of your heart and double down on your intention to prayer this prayer.

**Seek the blessing.** Melchizedek king of Salem blessed Abram and brought out the break and wine foreshadowing a meal we now call the Lord's Supper. The practice of blessing was common in Israel. Those that sought the blessing were not afraid or ashamed to ask God for blessing. Follow their practice and seek the blessing of God in your life.

- Be specific.
- Be persistent.
- Be thankful

**Give.** After the blessing, Abram gave the King a tenth of everything. Abram gave a tithe before we have a lesson in Malachi on giving the tithe. It was a part of their faith culture. It also ought to be a part of contemporary Christian culture. Look for ways this week where you can give. Make giving a part of our personal faith and your family culture. When we give we become the reason for someone's thanks.

**Respond:** Do something this year at your table that will be remembered.