

# FALL

## “Cain and Abel: Jealousy”

**Series Objective:** Students will learn:

- Humans disobeyed God, by listening to someone besides God
- Humans sinned through jealousy
- Noah was saved by God
- Humans wanted to be equal to God

**Series Theme Verse:** “Blessed is the one who does not walk in step with the wicked.” Psalm 1:1

**Lesson Objective:** Students will understand what jealousy is and how Cain’s jealousy was a sin.

**Lesson Passage:** Genesis 4:3-12

**Materials Needed:** 1 cupcake for each student, 1 cracker for each student, series theme verse cut into puzzle pieces and hidden in the room.

**Lesson Plan:**

**The Story:**

**Talking Points:**

- Before you tell the story, tell the students you are going to talk about a word today that is a sin that a lot of people commit, and the word is “jealousy.”
- Ask students if they know what the word “jealousy” means.
- Give students an example of jealousy (When a friend has a toy at home that you don’t have and you want it really bad and are upset that your friend has the toy and you do not)
- Read the story of Cain and Abel from the Lesson Passages, then paraphrase the story on the level of the students.
- What are the names of the two brothers? (Cain and Abel)
- Which son made God happy by doing his best for God? (Abel)
- Which son did bad and made God mad? (Cain)
- Why was Abel considered good? (He did what God said and gave God his best)
- Why was Cain not considered good? (He did not offer his best fruit)
- Cain was jealous of his brother. He wanted God to be happy with what he offered. Cain was so jealous that he killed his brother Abel. Is that a good thing to do?
- Should you ever get so jealous that you hurt somebody? (No)

- Being jealous is a sin, like we talked about last week. When we are jealous, that does not make God happy. We should be happy for others when good things happen to them.
- Did God punish Cain? (Yes, he would not be able to grow good food anymore)
- Why do you think Cain did not do his best for God? (He cared more about himself than God, He was selfish)
- Do we ever think about only ourselves? Have you ever been sad or jealous that your brother or sister got the last cookie or a toy that you wanted?
- Why did Abel do his best for God? (He loved God)
- What can we do to make God happy? (Various answers are possible, but help children see we should always try to live in such a way that we make God happy: do our best for our parents, at school, etc.)
- Ask the children what would have been a better choice for Cain? (Do his best for God, not be jealous of Abel for doing his best for God, etc.)
- Remind students that even though Cain did bad and was jealous of Abel, God still loved him, but Cain would still be punished. Sometimes our parents punish us to help us to learn how to act right. They punish us, but they still love us.

### **The Story Retold:**

- Give each child a cracker, except for one student. Ask them how they feel getting nothing when every other child got a cracker?
- Now give the child that did not receive a cracker a cupcake.
- Allow for reaction. Ask the students how they feel now that the person who did not get a cracker at first gets a cupcake and they do not.
- Explain to students that we should be happy for those who have good things happen to them. We should be happy for the student who received a cupcake.
- Remind them that when we are not happy for others when good things happen to them, we are being like Cain and acting jealous, which does not make God happy.
- Pull out the rest of the cupcakes and ask the student with the cupcakes if we should share the cupcakes with the rest of the class?
- Share the rest of the cupcakes with the other students.
- Remind them that when we are happy for others, sometimes they will be able to share their happiness with us.
- Ask students how they can practice being happy for others and not be jealous of them when good things happen to them. (Pray, Share your things with others, etc.)

### **The Story and Me:**

- Have Series Theme Verse printed on a poster board cut into several pieces.
- Hide the different pieces in the room.
- Let the students find the pieces of the Series Theme Verse and piece together the puzzle.

- Once they put their pieces together, have them say the verse together.
- Remind students that the verse helps us understand that, God will help us not to be jealous of others if we ask God to.