

# TREK

## Lesson 2 - “The Great Savior”

**Series Objective:** Students will learn:

- That a “Trek” is a long, vigorous journey.
- That every individual’s life is their Trek.
- That the Bible is full of stories about others’ Treks that help us to better understand how our Trek should be lived out.
- That being a disciple of Jesus is a daily Trek, not a one-time choice.

**Series Theme Verse:** “A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.” John 13:34-35

**Lesson Objective:** Students will understand:

- Humans sin
- Humans need a savior because of their sin
- Jesus is human’s savior from God
- Humans must choose to follow Jesus

**Lesson Passage:** Matthew 1:18-25, Luke 2:8-16

**Lesson Materials:**

**Pre-service** - Music, lights, announcement slides

**Video** - “National Chocolate Milkshake Day”

**Activity** – Chairs in a circle, 1 chair in center of circle, Bell

**Worship** – Lyrics for TVs

**The Story** - Copy of story outline

**Small Groups** - Trek Journals, Pens, Small Group Cards

**The After Party** – Corndogs, Chocolate Milkshakes, straws, Q-Tips, tees, scorecards

**Attachments** – Small Group Card

**Lesson:**

**Video:** *National Holidays with Andres* - “National Chocolate Milkshake Day”

**Activity:** Rescue the Keys

- Set up chairs in a giant circle with one chair in the center.
- One student from Team One will be blindfolded and sits in center.

- A bell is placed under the center chair.
- Students from the other three teams try to silently “rescue” the bell without the person in the center chair “catching” them.
- If a team gets the bell back to their chair without being caught, they score points for their team.
- If the person in the center chair “catches” someone with the bell, the center chair team receives the points.
- If the center chair person makes a “false accusation” and the bell is still under their chair, then every other team receives the points.
- After a “rescue,” a “catch,” or a “false accusation,” the person in the center changes to a new team.

### **The Story: (Talking Points)**

- Theme Development: Trek
  - A long and vigorous journey usually made on foot.
  - Remind students of last week’s scenic lookout (Visual Aid) of the beginning of our Trek.
  - Genesis 1-3:
    - The Cosmic Story
    - The Human Story
    - The Human Struggle
  - Transition: “Like all humans, our Trek finds us in the midst of the human struggle with sin and needing divine help to overcome our sin: the need for...a rescuer.”
- Joseph and Mary’s Story: Matthew 1:18-21
  - *In a soft voice as if to not wake a baby...*
  - “This is how the birth of Jesus the Savior came about. His mother Mary and Joseph had promised to get married. But before they started to live together, it became clear that she was going to have a baby. She became pregnant by the power of the Holy Spirit. Her husband Joseph was faithful to the law. But he did not want to put her to shame in public. So, he planned to divorce her quietly.
    - God knew humans needed a rescuer...a Savior
    - The story of the Savior, Jesus, begins with controversy
- The Birth Story: Luke 2:6-7 & Matthew 1:22-23, 25b
  - *Bring the volume of your voice up as the angel announces to Joseph what to do...*
  - “But as Joseph was thinking about this, an angel of the Lord appeared to him in a dream. The angel said, ‘Joseph, son of

David, don't be afraid to take Mary home as your wife. The baby inside her is from the Holy Spirit. She is going to have a son. You must give him the name Jesus. That's because he will rescue his people from their sins.' While Joseph and Mary were in Bethlehem, the time came for the child to be born. She gave birth to her first baby. It was a boy. She wrapped him in large strips of cloth. Then she placed him in a manger...And Joseph gave him the name Jesus. All this took place to bring about what the Lord had said would happen. God had said through the prophet, 'The virgin is going to have a baby. She will give birth to a son. And he will be called Immanuel.' The name Immanuel means 'God with us.'"

- The rescuer came quietly (*Rescue the Keys*)
- The name of the Savior reminded humans of their need to be rescued from their sins
- The Shepherds' Story: Luke 2:8-12, 16
  - *Tell the story in a way that reflects the shepherds' emotions: afraid, confused, and joyful...*
  - "There were shepherds living out in the fields nearby. It was night, and they were taking care of their sheep. An angel of the Lord appeared to them. They were terrified. But the angel said to them, 'Do not be afraid. I bring you good news. It will bring great joy for all the people. Today in the town of David a Savior has been born to you. He is the Messiah, the Lord. Here is how you will know I am telling you the truth. You will find a baby wrapped in strips of cloth and lying in a manger.' So, they hurried off and found Mary and Joseph and the baby. The baby was lying in the manger."
    - The first to hear of the birth were the shepherds
    - Jesus would be a Savior for all humans
    - Rescue from sin happens when humans choose to follow the Savior
- Transition to Small Groups: "In your Small Groups, you will be discussing our need for a rescuer from our sins, and how God has met that need, leaving each one of us with a decision to make."

### **Small Groups:**

#### **Beginning the Conversation**

- Go around the room and have each person introduce themselves, beginning with the leaders, by answering two questions:

- What is your name?
- If you could have any meal for your birthday, what would it be?

### **Trek Journals**

- Have Trek Journals and pens on table for students to grab
- Explain to students that part of small group will be journaling in their Trek Journal. Have students AND LEADERS write the following questions in their Journal (*it would work best if you had these questions written on a piece of poster board to make it easier to copy into the journal*) and take about 5 minutes to respond to the questions in their Journals.
  - What is my favorite part of the story I heard in Big Group?
  - What does this story tell me about God and Jesus?
    - What promise did Jesus fulfill (Matthew 1:21)?
    - What does it mean that Jesus will save people from their sins?
  - What does this story say about me?
    - Do I need a Savior?
  - What have I learned and what will I do?
    - Why do I need the savior in my life?
    - Have I ever decided to follow Jesus? If yes, when? If no, should I talk to Tique tonight about following Jesus?
- After 5 minutes, have everyone (leaders first) answer the first question out loud to the group.
- Work through the rest of the questions together, letting a couple answer each question.
- The last two questions are very personal, so do not go over those as a group, instead, give each student a card and have them fill the card out and turn back to a group leader.
- Leaders should collect cards and hand to Tique, Stephanie, Randa, or Daley after they get out of Small Group.
- Close in a prayer like: “Savior Jesus, thank you for giving me the opportunity to follow you. Help me to either begin to follow you, or to continue to follow you better every day...Amen.”
- Transition: “As you go back into the big room, you can have some corndogs and a milkshake. After you eat, find three other people and get a copy of Q-Tip Golf from one of the adult leaders and see who shoots the best.”

**The After Party:**

**Corndogs**

**Chocolate Milkshakes**

**Q-Tip Golf**

- Attach the Q-Tip Golf holes around the room in the marked locations on the scorecard.
- Mark the Tees on the floor in the marked locations on the scorecard.
- After eating, groups of four can grab a scorecard, a straw per player, and a Q-Tip per player and play a round of Q-Tip Golf.
- Scorecards have rules, course map, and place for score keeping.

As humans, each of us has sinned and need a Savior. Our sins are forgiven when we decide to follow Jesus. Have you decided to follow Jesus?

\_\_\_ Yes, I remember an exact time when I decided to follow Jesus.

\_\_\_ No, I have not started following Jesus.

\_\_\_ I don't understand how to follow Jesus.

My name is \_\_\_\_\_

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