

PRAY.

Matthew 6.5-14

Jesus teaches on prayer.

In his sermon in Mathew 5, Jesus took time to talk about prayer. He addresses the way one ought to approach God in prayer.

Connect:

On a scale of 1-10, how does your prayer life rate?

What is one thing you could do to maintain a better prayer life?

Prayer is one of the spiritual disciplines that people are most familiar with yet have such a varied response when you start talking about an effective prayer life. Some are actually uncomfortable with praying and not just praying aloud in groups.

Engage:

Read the text in Matthew 6.5-14

Prayer is personal. Just as your conversation with others, you have your own way to best communicate with God. God doesn't have any expectations in the formality of prayer. He scolded the religious for their formality and the way they looked down on others when they prayed. Prayer is personal to God. Talk to God as you would anyone and God will understand. Spending time in conversation with God through prayer will help you grow more comfortable.

Humility is a key teaching point in these verses. It is interesting that often a person's humility makes prayer more difficult for them. Changing your expectations in praying will guide you toward a good start to know God through prayer. The Creator is willing to accept your learning curve. Just start praying.

Exploring prayer disciplines. Once you become more comfortable in your prayer life, it is easier to pray. We are asking people during the next 7 days to choose a bold prayer that they will pray for at least 30 days.

*God honors **bold** prayers because **bold** prayers honor God.*

Respond: Spend the next 30 days in prayer. Pray your bold prayer.

Where will you pray? _____

What time will you pray? _____

How will you record your prayers? Journal? _____

___ Start your bold prayer within the next 7 days.

___ Email Pastor Jerry, jerry@fbsweetwater.org and let him know you have joined the group to pray for 30 days.